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Students at NFA accept Rachel's Challenge

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Norwich, Conn. — A hush swept over the freshmen class at Norwich Free Academy Monday morning as students gathered in Slater Auditorium for a solemn assembly with an earnest message.

Titled “Rachel’s Challenge,” the assembly was presented by Larry Scott, uncle of Rachel Scott, the first girl killed at a High School shooting.

Larry Scott extolled the virtues of kindness as he spoke of Rachel’s desire to touch people’s lives in a positive way.

“It’s the little things Rachel did that impacted peoples lives,” he said.

Students were challenged to change the way they act towards one another and to keep a journal with goals and dreams.

“Rachel’s Challenge,” was born out of an essay Scott wrote about how an act of kindness can start a chain reaction.

Her father found the essay in her bedroom six months after she was killed.

Over the past ten years, the program has grown into a group of 35 speakers who deliver presentations to schools across the country.

Last year, Larry Scott said, the group did presentations at 1,400 schools and for more than 2 million students.

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ctmom3

1 day ago

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What a beautiful legacy this young woman left us.

BeckyR

1 day ago

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Deliberate acts of kindness! What a great message for all of us. Its nice to see NFA trying to teach important values and ways to live your life alon math.

Kimmecat

21 hours ago

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I am a student at NFA and I was at the program and it really made a difference to me and my friends I am taking the challenge myself.

mabvasquez

17 hours ago

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The heartfelt emotion seen in photo accompanying this article adds a poignant message of its own.

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