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## 'Rachel's Challenge' Offers Kindness Training to Students

"I want to start a chain reaction of kindness that will ripple around the world."

Rachel Scott, the first student killed at the Columbine school massacre in Colorado in 1999, wrote those words a month before she died. It was part of an essay she called "My Ethics, My Codes of Life."

Her father, Darrell Scott, has shared Rachel's Challenge with more than six million kids at school assemblies.

"I have this theory that if one person will go out of their way to show compassion, it will start a chain reaction of the same," he said. "People never know how far a little kindness can go."

He's heard from hundreds of students who say that because of Rachel, they're being treated with more kindness at school.

### FOR MORE INFORMATION

[Learn more about Rachel's Challenge.](#)

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